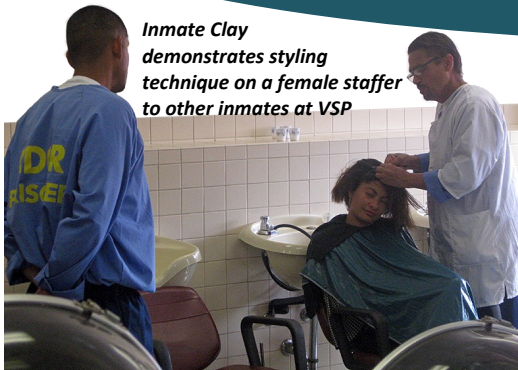




Rehabilitation

California Department of Corrections and Rehabilitation, Division of Rehabilitative Programs (DRP)
Millicent Tidwell, Director

Today!



Inmate Clay demonstrates styling technique on a female staffer to other inmates at VSP

Hats off to this Mentor!

Cosmetology as a career field continues to be offered at [Valley State Prison \(VSP\)](#) since its conversion to a male institution. This prison currently has 27 inmates enrolled in the Male Cosmetology Program. Inmates within 24 to 36 months of release and who meet the criteria determined by both CDCR and California Department of Consumer Affairs Barbering and Cosmetology are assigned by VSP's classification committee. The program requires 1,600 hours of program instruction, which can take from 14 to 24 months depending on the student and local instructional operations. Upon completion, Office of Correctional Education (OCE) coordinates the licensing and examination process with the Board of Barbering and Cosmetology.

Inmate Clay has become a mentor to other students in this program, showcasing his knowledge under the supervision of the credentialed Career Technical Education instructor. A licensed cosmetologist since 1982, he is sought out by less experienced students to share barbering and grooming techniques. Inmate Clay's goal, upon his targeted release date in 2016, is to set up a cosmetology shop where ex-inmates can train and obtain their licenses after prison.

DRP says "Hats Off!" to Inmate Clay!

Please contact Lt. Gregory Bergersen, PIO, VSP,
Gregory.Bergersen@cdcr.ca.gov

We are proud to be the only institution that offers a male cosmetology program. Inmates successfully completing the program instruction have an opportunity at a state certification and upon release, immediate employment in a growing field.

Ron Davis, Warden, VSP

Communication and collaboration drives big performance improvements

CTF Scores in Academic and CTE Utilization!

Correctional Training Facility (CTF) in Soledad

has dramatically improved its educational utilization over the past year. Utilization, or actual vs. available programming hours, in Career Technical Education (CTE) has improved at CTF from 51% (November 2012) to 90% (October 2013) – a 39% increase! Academic utilization has built upon a strong performance from 86% to 93% for the same period of time. Thanks to the hard work of the students and the Education Department staff this past year, 112 inmates earned their GEDs, 15 inmates obtained a high school diploma, 12 offenders now have Associate of Arts Degrees and 170 men completed CTE programs.

Communication and Focus

Warden (A) M. E. Spearman has made education programming a priority since his appointment in 2012. A supporter of education in rehabilitative programming, Mr. Spearman has visited classrooms to ensure that seats are filled with students and teachers are accountable for the students assigned to them. Working with Principal Gerald Atchley, Vice Principals Tim Chaney, Kevin Kessler, Steve Campaigne and other members of administration, the warden brought custody and education staff together to collaborate on



Principal (A) Kevin Kessler, Under Secretary Martin Hoshino, Secretary Jeffrey Beard, VOC Instructor Bob Morris, Warden (A) Marion Spearman and Vice Principal Tim Chaney on Dec. 18 visit to CTF

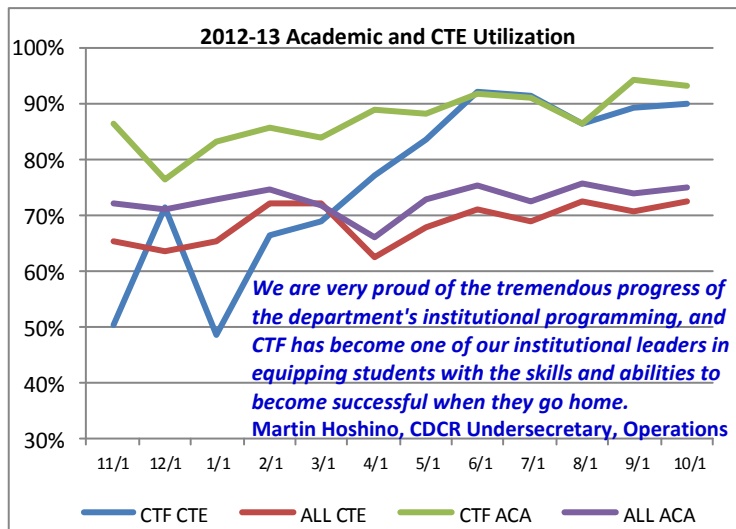
solutions to obstacles. One example is ensuring inmates get to class on time and avoid interruption in their studies. Staff has standardized time slots for institution services so education hours are not interrupted by other services (i.e. medical, religious, self-help, work, classification, weather).

Collaboration to Drive Performance

Warden (A) Spearman holds a monthly review using statistical reports to monitor progress. Monthly COMPuter or COMPArative STATistics ([COMPSTAT](#)) meetings review utilization statistics with all departments including custody, medical, education, and others. Collaboration and communication are the focus of these meetings and have been an integral part of CTF's success in raising education metrics.

CTF now has 16 CTE instructors for 13 fields of study – a full spectrum of career education for eligible inmates. DRP salutes Warden (A) Spearman and his team on their outstanding strategies and results!

Please contact Dan Silva, Associate Warden, CTF,
Daniel.Silva2@cdcr.ca.gov





Rehabilitation

Today!

*...the right inmate in
the right program at
the right time*

Academic Programs

Increase inmate reading levels to minimum 9th grade level with G.E.D. and accredited college courses also available

Career Technical Education

Prepares inmates for viable vocational career paths upon release by training to industry certification levels

Cognitive Behavioral Treatment

Provides evidence-based treatment for Substance Abuse, Anger Management, Family Relationships and Criminal Thinking

Offender Mentor Certification

Trains and certifies long-term inmates as interns by California Association of Alcohol and Drug Abuse Counselors (CAADAC) to assist as mentors in various substance abuse treatment programs

Pre-Employment Transition

Provides job readiness skills including job search, resume, interviewing, financial skills, access to one-stop career centers

California Identification Card

Assists in obtaining state-issued I.D. cards assist in securing employment, housing, bank accounts, travel, and more

Reentry Hubs

Provide relevant training and services to eligible and interested inmates within 4 years of release

Step-Down Pilot Program

Provides alternatives to criminal gang lifestyle to reduce confinement in Security Housing Units (SHU)

Long Term Offender Program

Provides evidenced-based treatment programming in criminogenic behavior to inmates serving long-term sentences

...and...right outside the gate!

Community & Reentry Services

A growing network of focused evidence-based programs and partnerships help offenders transform their lives and successfully reintegrate into society



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SAC uses MI's Collaborative Conversation

Normal conversation vs. motivational interviewing:

"Get your life together!" converts to "How would you like things to be different?"

I think staff who attend this class will learn to communicate in a way that is not only effective in their private lives with their families, but much more effective at work.

Joe Stewart, Captain, SAC

Motivational Interviewing (MI) can be defined as a collaborative conversation style for strengthening a person's own motivation and commitment to change.

California State Prison – Sacramento (SAC)

recently hosted DRP's MI trainers at a special session for executive staff. In Service Training staff and management at SAC thought MI training would be a creative way to promote staff development. MI trainers Ken Hurdle and Steve Luallin have decades of experience in effective training communications within law enforcement agencies. DRP provides this course at no cost to institutions.

Associate wardens, psychologists and psychiatrists, captains and lieutenants and the chief deputy warden participated in the half-day program which encourages productive

I learned how to take Motivational Interviewing to another level within my personal and professional life. I hope that we can offer the class to all staff throughout our institution. The long-term benefits of this class for CDCR are going to be positive and long-lasting.

Timothea McGinley, Senior Psychologist, SAC



conversations geared to helping people make the changes THEY want to make, rather than changes OTHERS want them to make. As opposed to persuasion or pressure, the communication mode is empathetic and allows people to determine on their own what change is desired.

Quite honestly I did not go into the training with high expectations as I feared it was geared toward a different audience. However, the instructors did a great job and gave us tools not only to deal with offenders, but staff and home life as well.

Chief Deputy Warden Jeff Macomber, SAC

Initial feedback to the training was extremely positive; SAC wants to expand this training for custody and health care staff, and encourages other institutions to reach out to DRP to schedule this training at their facility.

Please contact Juan Joubert, Rehabilitative Skills Training Program Coordinator, juan.joubert@cdcr.ca.gov

CDCR's Global Reach Expands

A group of delegates from the Politics and Law Commission of the Central (and Provincial) Committee of the Communist Party of China (CPC), which oversees all legal enforcement authorities in China, visited DRP executives on December 6, 2013, after touring California State Prison—San Quentin. Rodger Meier, Deputy Director, presented an overview of rehabilitative programs followed by a question-and-answer session.



January is Mentoring Month!



Rehabilitation

Today!

*...the right inmate in
the right program at
the right time*

DRP funds a growing network of focused evidence-based Community and Reentry Services throughout California to help offenders transform their lives and successfully reintegrate into society:

Computer Literacy Learning Centers (CLLC):

Certified teachers provide computer-based courses for basic reading, writing and math

Day Reporting Centers and Community Based Coalitions (DRC and CBC):

"One Stop Shops" address parolee's needs through assessment and placement in classes and support services. Education, life skills, financial and employment training, substance abuse and counseling. Some transition housing available

Female Offender Treatment and Employment Program (FOTEP):

Gender-responsive residential treatment services for women and their children

Parolee Service Centers (PSC):

Residential programs provide group and family reunification, life, employment skills

Parolee Services Network (PSN):

Residential and Outpatient alcohol and drug treatment centers in 17 counties encourage clean and sober reintegration into society

Residential Multi-Service Centers (RSMC):

Housing, substance abuse treatment and independent living skills to help at-risk parolees transition back into the community

Substance Abuse Services

Coordination Agencies (SASCA):

Community-based residential and outpatient sober-living treatment facilities in each region promote pro-social behavior that reduces potential for relapse or recidivism

Substance Abuse Treatment and Recovery Program (STAR):

Certified instructors provide substance abuse treatment education in select parole offices



Realignment creates a new type of Judge

Realignment has shifted responsibility to local jurisdictions and prompted the expansion of the Reentry Court in California.

A Reentry Court is a type of collaborative justice court for individuals who have been released from prison, have violated their terms of community supervision, and have a history of substance abuse or mental health issues. Whereas parole violations previously resulted in a return to prison, Reentry Court judges employ constant scrutiny and advice to ensure that parolees stay on the correct path. Drug courts were an early model for Reentry Courts. CDCR provides funding for these courts through the [Administrative Office of the Courts](#), (AOC) which are currently in Alameda, Los Angeles, San Diego, San Joaquin, and Santa Clara counties.

Participants attend regularly scheduled court sessions one to four times a month to discuss their adherence to their supervision/treatment plans and other program requirements. Graduated sanctions, such as admonishments, increased frequency of mandatory court sessions, and jail sanctions, are used to respond to non-compliant behaviors. Positive incentives, such as verbal praise, reduced frequency of court hearings, and transportation or food vouchers are used to reward and encourage participants' progress.

Participants remain in the program and receive services, such as case management and substance abuse and mental health treatment, for approximately 12-18 months. Once participants successfully complete the program, reentry courts can recommend early discharge from community supervision.

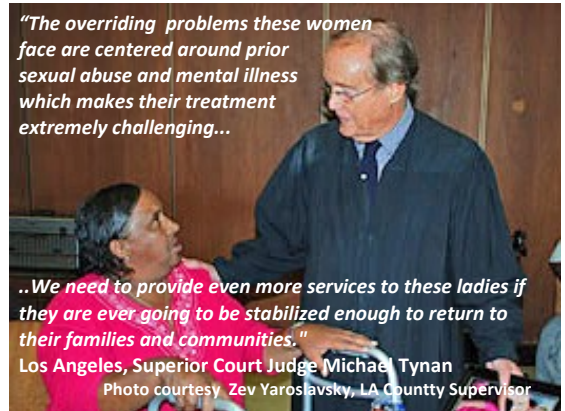
"Our success rate is a result of sticking with people over time. I have a simple view: You need to motivate people to change, and to create effective treatment, judges and parole agents need to change their approach."

Judge Stephen Manley, Santa Clara County

Los Angeles County: Judge Tynan

The [Second Chance Women's Reentry Court](#) targets women parolees and probationers who are charged with a new offense in Los Angeles County. Since the program's inception, 250 women have been formally admitted to the program which includes services provided by Community and Reentry Services' Day Reporting Centers.

The program has proven success in yielding both cost-savings and positive outcomes for women and has demonstrated that female offenders can be successfully treated in the community. Participation and graduation rates far exceed return-to-prison rates. Superior Court Judge Michael Tynan is the quintessential coach: he praises and rewards them for good actions or, when performance needs to improve, hands out additional work, such as writing 1,000 word essays to think about their actions.



Santa Clara County: Judge Manley

In Santa Clara County, under the leadership of Judge Stephen Manley, the [Parolee Reentry Court](#) has been able to expand beyond drug offenders to include mentally ill parolees at risk to reoffend and other criminal justice populations, including veterans and those on [Post Release Community Supervision](#). The present caseload is nearly 300, the majority of whom are mentally ill. According to the most recent data available from the AOC, the completion rate is 72% and a preliminary finding concludes that mentally ill parolees have done as well as other parolees at risk.